



For more Information

City of Vaughan
Emergency Planning Department
Vaughan Fire & Rescue Service
905-832-2281
PrepE@vaughan.ca
www.vaughan.ca/PrepE
www.fb.me/PrepE.Pal



Prepared by The Emergency Planning Department



PrepE's Emergency Preparedness Plan For Person's With Disabilities and Special Needs

Name



Important Emergency Contacts

Access Vaughan—City’s Contact Centre

Telephone: 905-832-2281

TTY: 1-866-543-0545

Email: accessvaughan@vaughan.ca

www.vaughan.ca

City of Vaughan—Twitter Page

[@City_of_Vaughan](#)

City of Vaughan Fire General Inquires

905-832-8506

City of Vaughan Animal Services

Telephone: 905-832-8505

Email: animalservices@vaughan.ca

City of Vaughan Building Standards (Inspectors)

905-832-8511

City of Vaughan Public Works Dispatch

905-832-8562

Notes:

Notes:

York Region Public Health

905-895-4511

Environment Canada Weather Alerts

<http://weather.gc.ca>

PowerStream Outage Centre

1-877-777-3810

Enbridge Gas Emergency Line

1-866-763-5427

Police, Fire & EMS Emergency

9-1-1

Insurance Company & Phone Number

Family's Emergency Contact & Phone Number

It is every citizen's responsibility to be prepared for an emergency.

PrepE Says:

Take Action

- ◆ Make a Plan
- ◆ Conduct a Personal Assessment
- ◆ Assemble a Preparedness Pack
- ◆ Create a Personal Support Network

Tune In

Know the Risks



Notes:

Lined area for taking notes.

Notes:

Tune In (Emergency Alerts)

In the event of an emergency, the City issues through:

- Radio
- Television
- Newspaper
- Door to Door
- Loud Speaker
- Email Blasts
- Mobile Signs
- Facebook
- Twitter
- E-Newsletter
- City Website
- Automated Calling
- Recorded Messages



SECTION TIP

Your cell phone may not work during an emergency; have a plan for how you will stay in contact.

You may not have access to electricity and some of these alerting methods. Make sure you plan to stay informed.

Make a Plan: Be Prepared For An Emergency

A disaster or emergency can happen with little to no warning, and some emergencies may leave you confined to your home for several days. It is important that you and your family can be self sufficient for at least 72 hours.

My Emergency Plan Contains:

- Home or Work Escape Route & Meeting places
- My personal assessment
- My personal support network
- Medication Lists
- Information on my disabilities/special needs
- Assistive instructions & equipment instructions
- Emergency Kit & Pet/Service Animal Kit
Checklists
- Health Care Provider / Resource List
- Tips for Specific Disabilities and Special Needs
- Closest Community Centres

Floods

- ◆ Have your 72 Hour Emergency Kit ready.
- ◆ Move furniture, appliances and belongings to higher level.
- ◆ Have sandbags ready to use.
- ◆ If authorities advise you to evacuate, leave the area immediately.
- ◆ Follow evacuation routes. Do not take shortcuts. Watch out for downed power lines. Do not drive through flooded streets and intersections, turn around and find a safer route.



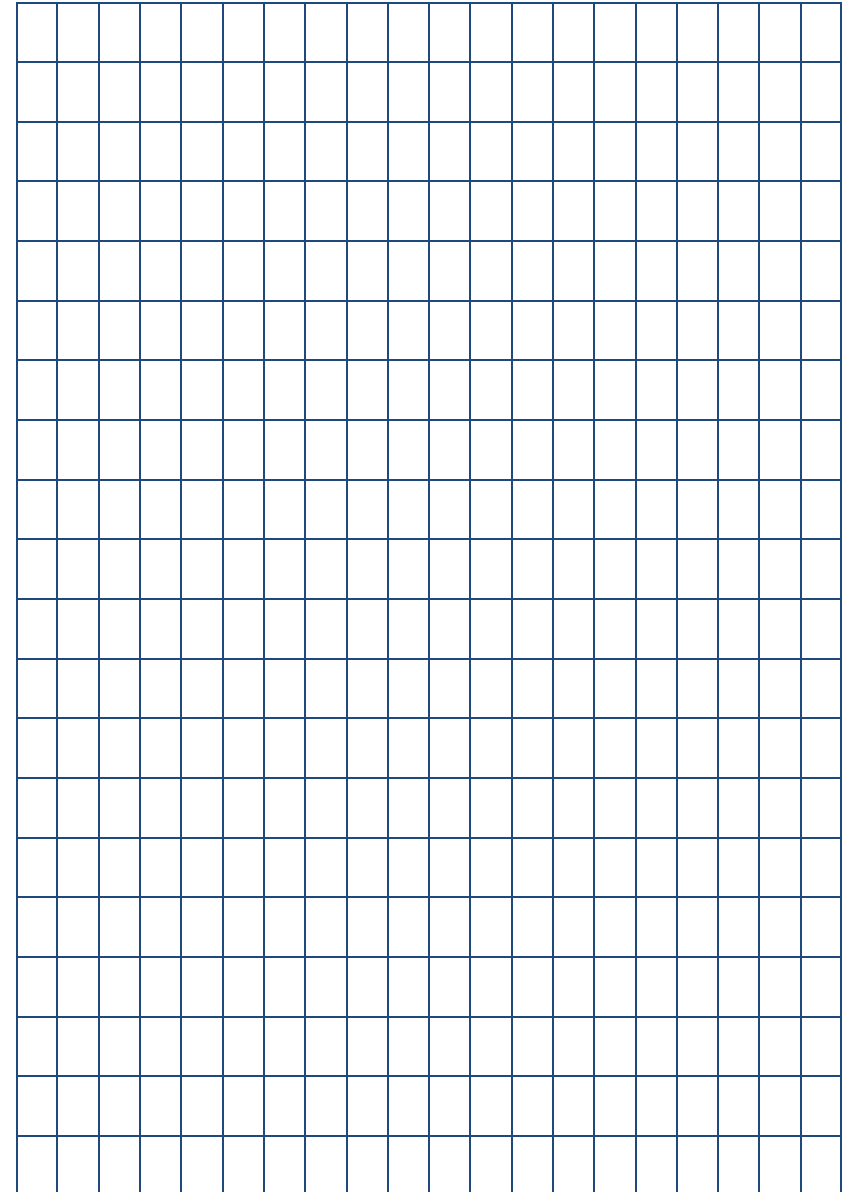
Health Emergencies

- ◆ Always follow guidelines and directions from Public Health.
- ◆ Seek medical attention if you think you may have been exposed to the infectious disease or contaminant.
- ◆ Stay home if you are not feeling well.
- ◆ Wash hands frequently with soap and water.
- ◆ Cover nose and mouth to sneeze and cough.



Home Evacuation Routes

Draw your floor plan below showing two exit routes from each room.



Emergency Meeting Places

Primary Local Meeting Place (i.e. stop sign at corner of Main and First streets)

Secondary Local Meeting Place (i.e. super mail box)

Out of Town Meeting Place (aunt, uncle, grandparent, friend etc.)

Name: _____

Address: _____

Contact: _____

SECTION TIP

If the entire family is not together at the time of an emergency and you cannot reach the meeting place, contact the out of town location. This will be the central communication for everyone.

Power Outage

- ◆ Check with neighbors to see if they have power. If they do, it could be a problem with just your home
- ◆ Turn off all non essential appliances
- ◆ Turn off all lights but one (lets you know when power is restored)
- ◆ Unplug electronic equipment like TV, computer etc.
- ◆ Keep refrigerator and freezer closed
- ◆ Never leave candles unattended
- Tune into local radio station for updates
- If power does not come back on and your house is too cold to stay in, go to a City has warming centre or shelter
- The closest community centre to my home is:

SECTION TIP— When in doubt, throw it out!

In a power outage of 24 hours or longer, throw out food in fridge . In a power outage of 48 hours or longer, throw out food in freezer.

Winter Storms

- ◆ Stay indoors, if you have to go outside dress warmly.
- ◆ Bring pets inside.
- ◆ Ensure fireplaces are in working condition, and have enough fuel on hand.
- ◆ Keep an emergency kit in your vehicles.
- ◆ Keep gas tank at least half full in winter and have extra washer fluid.
- ◆ If you get trapped in your vehicle, stay calm. Run the engine for 10 minutes every half hour. Make sure the exhaust is not blocked by snow. Open window slightly when running engine. Remain with the vehicle.



Personal Assessment

- ◆ Check off what you are and are not capable of doing in an emergency by yourself, when it comes to daily living, getting around and evacuating
- ◆ This checklist will help your personal support network know what your specific needs are during an emergency

- I use adaptive equipment for basic needs
- I use electric or battery powered devices for feeding, mobility, breathing etc.
- Debris blocking my home will affect me getting around
- If I cannot go out to buy groceries, I will not be able to survive
- I need help leaving home or work
- I am not able to communicate with others to get help
- I am not able to hear evacuation orders or alarms

Personal Support Network

A Personal Support Network is a group of people who you know well, trust and are willing to help you in the event of an emergency.

My Network

Home

Name: _____ #: _____

Name: _____ #: _____

Name: _____ #: _____

Work

Name: _____ #: _____

Name: _____ #: _____

Name: _____ #: _____

Out of Town

Name: _____ #: _____

SECTION TIP

Remember personal attendants or homecare services may not be available during or right after an emergency. Do not rely on personal attendants as your support network.

Earthquake

- ◆ Earthquakes occur with no warning

When the ground starts moving:

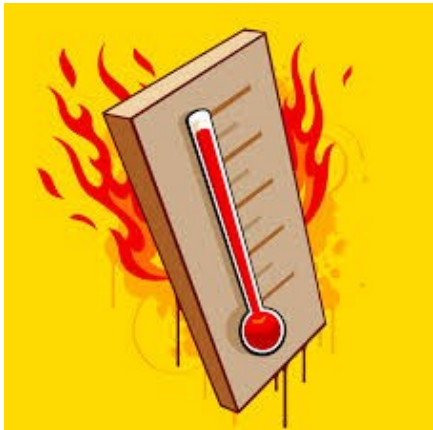


- Drop to the floor
- Take cover under a heavy piece of furniture
- Hold on to the furniture
- Remain where you are for 60 seconds after the ground stops shaking

- ◆ If you are in a hallway—get against wall, crouch and cover your head with your arms
- ◆ Stay away from shelving units and bookcase as they may topple and items can fall
- ◆ Be aware of broken glass and fallen objects
- ◆ Evacuate area if you are directed to do so

Extreme Heat

- Stay indoors as much as possible in the coolest part of the house; the basement or lowest floor, out of the sun.
- Limit physical and strenuous activity.
- Drink lots of water even when you are not thirsty.
- Limit caffeine and alcohol use.
- Dress in loose fitting and light colored clothing.
- City of Vaughan community centres and libraries are available as cooling centres. The closest community centre or library to my home is:



Important Information

Medication List & Reason for Taking

Disabilities & Special Needs

Emergency Contacts

Name: _____ #: _____

Assistance Instructions

Device/Equipment Instructions

Emergency Preparedness Kits

To be prepared for the unexpected, it is important to create an emergency survival kit for your home, vehicle and your pet/service animal. These kits should be assembled with 72 Hours in mind, allowing you to survive at least three days without utilities. The following are some recommended emergency kit items for your home, vehicle and pet/service animal. This is just a guide and you should create a kit that best meets your specific needs. Store the items in an easy to carry container and in an easily accessible location near the main living area of your home.

SECTION TIP

Scan important documents and photos to a flash drive and store it in an offsite location or in a safety deposit box.

Tornadoes

A tornado watch means a tornado is possible in your area where as, a tornado warning means there is a high likelihood that one could form or a funnel cloud has been sighted. You need to take shelter immediately.

How to protect your family from a tornado:

- Seek shelter in a basement, a small interior ground floor room or inner hallway.
- Stay away from windows, outside walls and doors.
- Get down on the floor and cover your head with your arms
- Do not use elevators.
- Get out of your vehicle, lie face down on your stomach and cover your head and neck with your arms.
- Do not shelter under bridges, as the winds are amplified and debris builds up, putting you at greater risk.



Types of Emergencies

Hazardous Material Incidents

Hazardous materials are dangerous goods that could cause life threatening risk to our health and environment.

If you see or smell hazardous materials:

- Call 9-1-1.
- Stay away from the site.
- Stay uphill and upwind as the air can carry hazardous material.
- Close all windows and doors.
- Turn off air conditioner and fans.
- Turn on radio or TV for further instructions from emergency responders.
- REMAIN INDOORS and follow shelter in place procedures.
- Only evacuate if told to do so by authorities.



72 Hour Emergency Kit

- | | |
|---|---|
| <input type="checkbox"/> Water: 4 liters/
person/day | <input type="checkbox"/> Extra Car Keys &
Cash |
| <input type="checkbox"/> Canned/Non
Perishable Foods | <input type="checkbox"/> Duct or Packing Tape |
| <input type="checkbox"/> Flashlight & Radio:
Crank or Battery
Powered | <input type="checkbox"/> Clothing & Footwear:
At Least One
Complete Change of
Clothes Per Person |
| <input type="checkbox"/> Spare Batteries | <input type="checkbox"/> Blankets or Sleeping
Bag |
| <input type="checkbox"/> First Aid Kit | <input type="checkbox"/> Personal Grooming
Items & Toilet Paper |
| <input type="checkbox"/> Candles, Matches,
Lighter (in safety
container) | <input type="checkbox"/> Whistle/noise maker |
| <input type="checkbox"/> Manual Can Opener | <input type="checkbox"/> Games, Toys,
Puzzles |
| <input type="checkbox"/> Important,
Documents,
Insurance,
Identification | <input type="checkbox"/> Backpack, Duffle Bag
or Plastic Bin to store
kit |
| <input type="checkbox"/> Medication Lists &
Medication Card | <input type="checkbox"/> Plastic Sheeting or
bags |
| <input type="checkbox"/> Specialized Medical
Equipment | <input type="checkbox"/> Personal Care Items |
| <input type="checkbox"/> Medic Alert
Identification | <input type="checkbox"/> Fire Extinguisher |
| | <input type="checkbox"/> Plastic Sheeting |

Location of my Emergency Kit: _____

Pet/Service Animal Emergency Kit

- | | |
|---|---|
| <input type="checkbox"/> Medications & Medical Records | <input type="checkbox"/> Information on feeding, medical, behavioral problems and veterinarian number |
| <input type="checkbox"/> Current Photos | |
| <input type="checkbox"/> Leash, Collar, Cage | <input type="checkbox"/> Toys and beds |
| <input type="checkbox"/> Food, Water, Bowls, Can Opener | <input type="checkbox"/> Cat litter |
| <input type="checkbox"/> Microchip / ID Tag | |

The location of my Pet/Service Animal Kit is:

SECTION TIP

Every 6 months, or when you change your clocks, it is recommended to change the batteries, food and water that is in the emergency kits

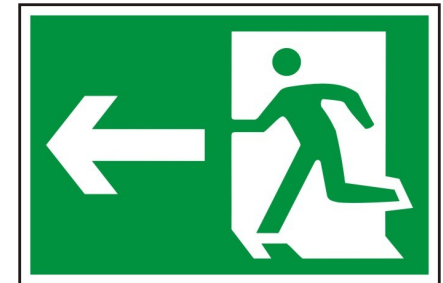
Evacuation

If you are required to evacuate your home

- Seek shelter with family or friends that are outside the affected area.
- The city will have emergency shelters open at designated community centres.
- The City will inform residents of the location of the emergency shelters.

Evacuation can occur with very little warning. It is important to be prepared with a plan ahead of time. Follow instructions by City Officials immediately.

- Contact the City if you need assistance evacuating.



SECTION TIP

Know how to turn off the water, gas and electricity in your home or plan who will do it for you. Only turn off utilities when instructed to do so by emergency officials. IF you turn off the gas, only the gas company can reconnect it.

Emergency Shelters

- ◆ All City of Vaughan Community Centres are designated as emergency shelters and set up to accommodate your disability and special needs.

If I need to evacuate, the
Closest Community Centre to my house is:

The **Address** to this community centre is:

These are the **Roads** I can take to get there or
this is how I will arrange to get there:

-
-
- ◆ Bring your pets with you to the emergency shelter and if pets are left behind, contact Animal Services at the emergency shelter or through Access Vaughan
 - ◆ When you arrive at the emergency shelter, register with the Canadian Red Cross so that your support network can inquire about you

Pet/Service Animal Record

If your pet/service animal is left behind during an emergency, complete this form and give it to the Enforcement Services staff at the Emergency Shelter or call 905-832-8505.

Fill in the information about your pet/service animal and provide a photo or description.

Type of Pet/Service Animal:

Pet/Service Animal's Name:

Temperment of Pet/Service Animal:

Friendly Timid Aggressive Vicious

Vet's Name: _____ #: _____


Medications: _____

Last Vaccination Date: _____

Where pet/service animal may hide in the home:

Feeding/Special Instructions and Health Information:

Photo/Description of Pet or Service Animal



Steps to Follow for Sheltering In Place

- Bring pets inside the home
- Lock all doors, close windows and air vents
- Turn off fans, air conditioners or anything that brings air into home
- Seal all windows, doors and air vents with plastic sheeting and duct or packaging tape
- Go to your pre-determined shelter in place room, bring your emergency kits with you
- Stay away from windows and doors
- Watch TV, listen to radio, and/or search online for updates from authorities on the current situation
- Be ready to evacuate

SECTION TIP

Bring a phone or have a phone in your Shelter In Place room.

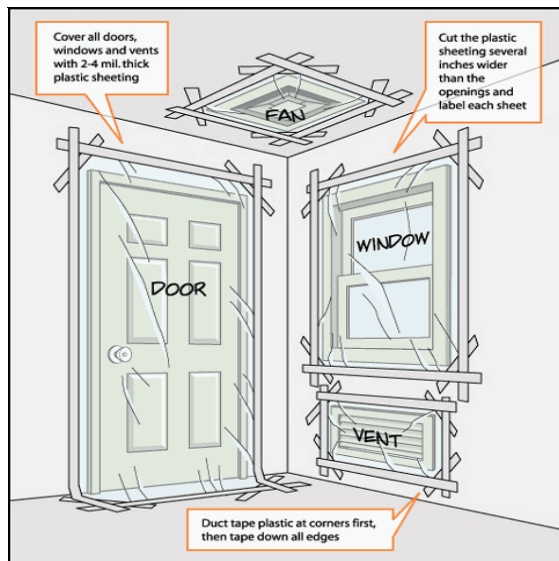


Shelter In Place

Sheltering in place means to stay in doors because an emergency situation is about to occur or is occurring and it is too dangerous to go outside. The duration of sheltering in place depends on the specific situation; however, it can range from a short period while waiting for a tornado to pass through or several days such as an ice storm that leaves you without electricity and other utilities.

My Shelter in Place Room is:

(should be an interior room without windows that is above ground level, if possible)



Health Care Providers & Resource Agencies

(e.g. Oxygen provider, equipment providers, home care agencies, health care providers)

Name: _____ #: _____

Name: _____ #: _____

Name: _____ #: _____

Name: _____ #: _____

Name: _____ #: _____

Name: _____ #: _____

Tips for Specific Disabilities

Mobility

- I have requested that an evacuation chair be stored near a stairwell or exit on the floor where I live and/or work.
- I have included my assistance instructions and areas of my body that have reduced sensation.
- Tire patch kit, heavy gloves, spare battery for mobility device and manual wheelchair are items I should include in my emergency kit.

Vision

- I have a long white cane to identify and maneuver around debris.
- My emergency kit has brail or florescent tape on it so that I can easily identify it during an emergency.
- Extra cane, talking or brail clock, large print timepiece , extra vision aids, reading devices/ assistive technology to access information are items I should include in my emergency kit.

Hearing

- I keep pencil and paper with me at all times for communication with others.
- I have a pager that is connected to my home and/or workplace.
- My living area has smoke alarms that have sound and flashing strobe lights.
- Extra paper and pencils, flashlight or noise maker, pre written phrases, assistive devices, noise amplifier and CommuniCard are items I should include in my emergency kit.

Non-Visual

- I have prepared and keep with me an easy to understand list of instructions and contacts.
- I have a MedicAlert or similar type of identification.